



Step Three: Made a decision to turn our will and our lives over to the care of God as we understood him.

The Leap into Strange Waters

Surrender is a mystery we solve by faith - The Third Step

I'VE HEARD the Third Step referred to as the "Here come the tambourines" Step. To me, the first time I met it did seem to recall days of the missions, and saintly soup. But my jaundiced eye is seeing more brightly, and my mind has improved with the added light.

Still, this great commitment to letting some power outside of me take over my life and will is a jump into strange waters.

How wise the founders were to put this Step in third place. But even after the First and Second Steps, I found the words of the Third Step too hard on ears that had stopped hearing or "understanding" and too soft on a heart that had stopped hoping.

Then came a revelation--Step meetings. To me, this was the teaching of the skill needed to use the tools that the Third and all of the other Steps have become. On my own, they were like a calibrator given to a child with no instructions on the box.

The Third Step became more than the word "God." It became my first decision, or at least my first try at making one.

I listened to many. I tried this way and that, but no one else's understanding seemed to fit into my own newfound honesty efforts.

I looked at the words, trying "hope" instead of "understood," "group" instead of "God," "surrender" instead of "decision." And, while none of these quite fit, I suddenly realized that all this work had taken time. Although the fit was not right, the trying was, and the life and will I now had to turn over were different. So different, in fact, that one day someone said to me that something I had done was a good thing. What it was or who said it, I don't recall, but the word "good" was understood as turning a familiar corner, a landmark when I thought I was lost. "Good" was "God" with only another "o." I could be good-like. I had tools, I had the ability to be honest, to feel in my guts what was good or bad. I had a measure or scale inside of me, something so simple I could follow it without reason or plan.

Some time has passed, and my understanding of God has not much improved, but my understanding of myself has. I know now the measure of good in men is God. With enough sober time, enough effort at honesty, the Third Step is taking me.

- C. W. O'D.

Ardmore, Pennsylvania

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St. Paul & Suburban Area Intergroup, Inc.
608 Seventh Street West - St. Paul, MN 55102

Web Site: www.aastpaul.org

E-mail: lifeline@aastpaul.org

Fax: 651-290-0209

Office Hours: Monday through Friday — 9 AM to 6 PM; Saturday 9 AM to 1 PM

Tradition Three: The only requirement for AA membership is a desire to stop drinking.

Where I Belong

For as far back as I can remember, I never believed I belonged anywhere. When I was growing up I didn't feel I belonged in my family, in the little town that I lived in, in the church I attended, or in the schools where I was educated. I was never chosen for a team or for membership in any group.

My name is Mickey and I'm an alcoholic. When I make this simple statement in an AA meeting, I seldom think about what a profound truth it expresses. I'm saying I belong, and I'm choosing to be a part of this Fellowship.

Thanks to Tradition Three, I'm the only person in that AA meeting who can make that choice. Only I can know if, in my innermost self, I have a desire to stop drinking. And because this desire is the only requirement for membership in AA, I'm the only person who can say whether I meet that membership criterion.

When I first became aware of Tradition Three, I realized it made it possible for me to stay in AA. No one had to approve my application--in fact there was no application. It didn't matter whether others believed I was an alcoholic or had a desire to stop drinking. They may have had an opinion, but only I had that inner knowledge.

It was unimportant if I had other problems or other abilities--these things might be significant to me, but they had no bearing on my membership in Alcoholics Anonymous. And the things which might affect my ability to belong to other organizations--age, sex, race, religion, marital status, profession, etc.--had no value here. In fact I didn't even need to reveal these things to be accepted in AA.

It was only much later that I began to glimpse the reverse side of this coin--that being accepted with no conditions other than a desire to stop drinking imposed upon me the responsibility of accepting others equally. I saw that having no requirements placed upon us gave each of us the freedom to become what our Higher Power intended, without artificial restrictions.

In developing the ability to freely accept other alcoholics, I've discovered that the similarities that bind us and make us a part of this Fellowship mean far more than all the superficial differences that always kept me from that feeling of belonging. Today I thank my Higher Power that I finally know where I belong. I belong in Alcoholics Anonymous.

- Mickey H.

Springville, Utah

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The Lifeline: Purpose Statement

The Lifeline is the monthly newsletter of the St. Paul and Suburban Area Intergroup, Incorporated. It is about, by, and for groups and members of the A.A. Fellowship. Opinions expressed herein are not to be attributed to A.A. as a whole, nor does publication of any article imply endorsement by either A.A. or Intergroup. We welcome articles on a Step, Tradition, or Concept, in addition to descriptions of personal experience. We also welcome cartoons and drawings expressing the wry side of our A.A. experience.

Please email your article to lifeline@aastpaul.org, or send it by regular mail to Lifeline Editor, St. Paul Intergroup, 608 Seventh Street West, St. Paul MN 55102. Materials or articles mailed to us cannot be returned unless accompanied by a self-addressed stamped envelope. Intergroup reserves the right to edit submissions for clarity, language, length, and content that might violate A.A.'s Traditions, etc.

Concept Three: To insure effective leadership, we should endow each element of A.A.—the Conference, the General Service Board and its service corporations, staffs, committees, and executives—with a traditional “Right of Decision.”

Does Your Group Use the Concepts?

Perhaps the number one thing that appeals to me so much about AA's Twelve Concepts for World Service is their sheer practicality. In none of our literature is there theory or dogma—only firsthand experience. Two good examples of such practicality can be found in Concepts III and IV. They contain two of the principles that Bill felt ought to be given the widest latitude in practice, the "Right of Decision" and the "Right of Participation."

The short form of Concept III reads: "To insure effective leadership, we should endow each element of AA—the Conference, the General Service Board and its service corporations, staffs, committees, and executives—with a traditional 'Right of Decision.'" The "Right of Decision" has proved to be a most practical way for groups to empower delegates to the General Service Conference to act in accordance with their conscience.

But the principles stated in the Concepts, like all our AA principles, are just as applicable in my home group. Our secretary, for example, is empowered through Concept III with the "Right of Decision." We trust in his thoughtful preparation to make announcements appropriate to our meetings—that is, announcements that are AA-related. We trust him not to announce, for instance, that Tom H. will be having a garage sale next weekend and hopes to see everyone there for great bargains—come early! We trust our program chair whose principal job is to book meetings. We don't tell her what groups or individuals to book but trust her to decide, based, for instance, on how recently a group has sent speakers to us and whether the group is within reasonable commute. Our hospitality team makes regular use of the spirit of the "Right of Decision." They determine what kind of refreshments the group will enjoy and do the buying.

I remember an incident some years ago at my then home group where the "Right of Decision" was a bit manhandled. The chair opened the meeting one night by announcing that the scheduled speaker had not shown up and instead of the usual discussion she had decided, on her own, to put together a three-speaker meeting. Afterward, several people let her know that they had been expecting their regular discussion meeting and were upset. She defended her decision by reminding them that, as chair, it was up to her to make decisions for the good of the group. She felt that the group needed "perking up." So she changed the meeting format.

Concept III states that "we ought to trust our responsible leaders to decide, within the understood framework of their duties, how they will interpret and apply their own authority and responsibility to each particular problem or situation as it arises." True enough, our chair had the final authority within the framework of her duties but by changing the meeting format she had overstepped her authority. Since a group, in its autonomy, decides on the format of its meetings through a legitimate voting process, she had unwittingly challenged the group's autonomy. I am happy to say that this trusted servant rethought the incident and became a wiser and consequently more valued member of the group.

Are you aware of the Concepts at work in your home group? Why not hold a meeting to talk about them and their value to your group? If you do, it might be a good idea to announce it in advance. You might ask your GSR to lead it, or your area delegate. You might consider making available a supply of the Conference-approved pamphlet *The Twelve Concepts Illustrated*, as I have done for workshops. It is informative and what's more, people get a genuine kick out of the drawings. I love pictures, don't you?

-- W. H., New York, New York



St. Paul
Intergroup's
annual

Spring Fling!

Saturday April 28th, 2018

NEW LOCATION

*Lutheran Church of the Redeemer
285 North Dale Street
(just south of 94)
Saint Paul, MN 55101*



6PM - Spaghetti Dinner

**7PM - Open Speaker Meeting
Christa W.**

Hole in the Doughnut



8:30PM - LIVE BAND!

Featuring

"The Ramshackle Charmers"

Contribution: \$10 Entire Evening, or \$7 Dinner Only, or \$5 Dance Only
~~No one turned away for lack of funds~~

For More Information Call 651-227-5502



ASL Interpreted, upon request.
Please contact Staff at St. Paul
Intergroup to make arrangements at
least 1 month ahead: 651-227-5502

Announcements & Updates

HOOTS!

THANK YOU!! To all those who have contacted the office with updated group coordinator information. Very helpful!

Lots of Service Opportunities!

Open shifts below:

1st Monday 10pm - 6am (overnight)

1st Saturday 9am - 2pm

4th Sunday 2pm - 7pm

4th Tuesday 10pm - 6 am (overnight)

4th Friday 10pm - 9am (overnight)

WANTED: 2 Night Owl Committee volunteers

The Night Owl Committee members take turns carrying the back-up Phone) for one week at a time. We help out if a volunteer has a problem and we also make the reminder calls.

Requirements:

- 1 year sobriety
- Answer the back-up phone during your rotation
- Experience with Night Owl
- 2 yr commitment

Thank you!

Cheryl B.
Night Owl Committee Coordinator

Night Owl Tidbit:

Do you have an interesting Night Owl story you want to share? Send an e-mail to nightowl@aastpaul.org!

Group and Area News

New Meeting: The *Our Stories Disclose* group began hosting a Thursday 10AM meeting at the Silver Sobriety Center, 5630 Memorial Avenue North, Stillwater, MN 55082. The Meeting reads from The Grapevine story anthologies. It is Closed, Mixed, and for Seniors (50+), & Handicap Accessible.

New Meeting : *Scandia Monday Night* group is hosting a Monday 7PM, Closed, Mixed, All-Ages, meeting, which is Handicap Accessible, which reads from the *12 Steps and 12 Traditions*. They meet at Elim Lutheran Church, 20971 Olinda Trail North, Scandia, MN 55073 . Please Park in South Lot Near Preschool Entrance lower level room 2.

Meeting Relocation: *Outright Mental Defectives (OMD)* is moving to a new location beginning in February. They will now meet Wednesdays 7PM at Saint Mark's Lutheran Church, 550 7th St W, St Paul, MN 55102. The group remains a Big Book -based, Open, Mixed, All-Ages, Call-up meeting, which is Handicap Accessible.

Hospitality Suite Reservations

Gopher State Roundup XLV will be at the Double Tree Bloomington, May 25, 26, 27, 2018. Hospitality Suites are available by reservation. If your group is interested in a hospitality suite and the associated rates, please call Paul T. 651-755-6166.

If you had a room last years., you will be sent this year's application in February. We hope to see you there!

- *Gopher State Roundup Hospitality Suite Committee*



Looking for a Service Opportunity?
Become a St. Paul Intergroup Night Owl!

Upcoming Night Owl Orientations:
Saturday, Mar 17th, Apr 15th, May 19th

Every Third Saturday from 10:00 - 11:00 AM

St. Paul Intergroup Office

608 Seventh Street West - St. Paul, MN 55102

To RSVP please call: 651-227-5502



St. Paul Area Intergroup Representatives' Meeting Minutes, January 16th, 7:30pm

1. Opened with the Serenity Prayer, introductions, and read the Primary Purpose of Intergroup.
 2. Last month minutes were reviewed, Lindsey D motioned & Brian L seconded, motion approved.
 3. Treasurer's Report, C.J. – Total Contributions are \$5,454 and steady with a \$185 decrease. Expenses decreased \$5,002.00 due to November insurance payment. Net Income of \$3,292.00 due to increased sales and decreased expenses. See Treasurer's Report for full financial details. Please contact C.J. at treasurer@aastpaul.org for further information.
 4. Office Report, Bill S – There is always a "Golden Opportunity" for service work at Intergroup! Please email lifeline@aastpaul.org for further information.
 5. Night Owl Report, Lesli gave the report – Patti M has stepped down as Committee Chair and Cheryl B has agreed to extend her term as Chair until the position is filled. With that, there are still 2 committee positions open and 2 N.O. shifts open.. Please contact Cheryl at NightOwl@aastpaul.org or leave a message at the Intergroup Office.
 6. Website Report, Sergey gave the report – 703 regular weekly meetings supported by 286 groups in the area served by Intergroup. Website Team: Sergey will be doing updates in short term. Seth, Adam, and Jonathon are working on a framework so that the office can do updates to the site. Please note, due to coding/analytics error the website traffic was not tracked from 12/28 to 01/04. Therefore the web server statistics are not 100% reflective of the actual activity on the site. Contact Jonathan & Sergey at webservant@aastpaul.org .
 7. Outreach Program, Carolyn M – There are 2 "MIA" meetings on the list. Please contact Carolyn M at outreach@aastpaul.org for further information.
 8. Update from the Board, Rob –
 - a. 2017 Annual Report distributed – includes the overview of Intergroup in 2017: executive report, balance/financials, and profit/loss.
 - b. 2018 Event Calendar established.
 9. Liaison Reports:
 - District 8: Mike C – Beth, Area Treas. resigned, Lit. Proposal passed & Big Books were distributed to 3 treatment facilities, Budget Proposal: Tabled, & RUSCASL Conference Funding Proposal passed.
 - District 15 : N/A
 - District 19: Dan R gave the report – RUSCASL Conference \$100 Funding Proposal passed, Hastings meetings are volunteering more at lockdown/jail facilities, a lot of pamphlets handed out to medical facilities (60-70¢ a piece), & currently looking to other districts for workshop ideas.
 10. Upcoming Intergroup Events: Intergroup's Spring Fling: Saturday, April 28th - Lutheran Church of the Redeemer. More details to come.
 11. Old Business: 2018 Budget Proposal - Passed on 01/16/18 (motioned: Carl, 2nd: John)
 12. New Business: none.
 13. Group AA Announcements:
 - a. OMD Potluck, Sobriety Recognition, & Speaker meeting - 1st Friday: 02/02 @7:00 pm in the NEW LOCATION: 550 W 7th St., Saint Paul. Speaker TBD.
 - b. Maplewood Alano Potluck, Sobriety Recognition, & Speaker meeting - 3rd Sunday: 01/21 @7:30 pm at 1955 Prosperity Road, Maplewood.
 - c. MNYPAA Thrift Shop Sober Prom: 01/27 @7:30 pm at 2217 Nicollet Ave, Minneapolis.
- Suggested donation of \$15.
14. Suggestions for next month's agenda: N/A
 15. Grapevine Report, Mark; Volunteer for January, Jenni S
 16. Concept XI review, Paul C; Volunteer for Concept XII for January, Dan R
 17. Mock Rep Report, Lesli; Volunteer for December, Carl O
 18. Closed with the Responsibility Statement.

Meetings Represented: District 8; District 19; Hole In The Doughnut, Roseville; Look To This Day, St. Paul; Maplewood Alano, Maplewood; Outright Mental Defectives, St. Paul; Pocketing Our Pride, St. Paul; Problems & Solutions, St. Paul; Rule 62, St. Paul; St. Paul Speaker Meeting; St. Paul; Students of Life, St. Paul; Summit Hill, St. Paul; Third Edition, St. Paul.

<u>2018 Steering Board:</u>		<u>Office Calls/Visitors—January 2018</u>	
Chair:	Lesli D.	Meeting information	57
Alternate Chair:	Rob C.	Inventory/hours	30
Secretary:	Carolyn M.	12th Step calls	4
Treasurer:	C.J. M.	Temporary sponsor	19
Alternate Treasurer:	Madeline S.	Speaker request	32
Members-at-Large 2018:	Tom S. & Erik M.	Special events	0
Members-at-Large 2019	Brian L. & Guillermo O.	Outside issues	10
Advisor to the Board:	Jenni S.	Info for professionals	2
Manager	Dennis B.	Administrative	82
		Miscellaneous	56
		Total Calls	292
		Average Calls/Day	13.3
		Total Visitors	234

MARCH 2018 REPS' MEETING: Tuesday, March 20th @ 7:30 PM
 SAINT STANISLAUS CHURCH
 398 West Superior Street; St. Paul, MN 55102

**7th Tradition
Suggestions for Groups**

“Every A.A. group ought to be fully self-supporting, declining outside contributions.”

The Conference-approved pamphlet: “Self-Support: Where Money and Spirituality Mix” offers the following suggestions for the distribution of group funds after group expenses have been paid:

50% St. Paul Intergroup

608 Seventh Street West
St. Paul, MN 55102

30% General Service Office

P.O. Box 459
Grand Central Station
New York, NY 10163

10% Southern MN Area 36

Area Assembly
P.O. Box 2812
Mpls., MN 55402

10% District Committee

Ramsey County:
District 8, P.O. Box 131523
St. Paul, MN 55113

Dakota County:
District 19, P.O. Box 1466
Burnsville, MN 55337

Washington County:
District 15, P.O. Box 181
Lake Elmo, MN 55042

SE Ramsey County:
District 26, P.O. Box 75980
St. Paul, MN 55175

JANAUARY CONTRIBUTIONS

Number of Group Contributors	48
Total Group Contributions:	\$7344
Number of Faithful Fivers:	13
Total from Faithful Fivers:	\$385



District Meetings

District 8 (Ramsey Co.)

Fairview Community Center
1910 Co. Rd B, Rm 108
Roseville
3rd Wed., 7:30 PM

District 15 (Wash. Co.)

Christ Lutheran Church
11194 N. 36th St.
Lake Elmo
4th Mon., 7:00 PM

District 19 (Dakota Co.)

Rosemount Community Center
13885 South Robert Trail
Rosemount
2nd Wed., 7:00 PM

District 26 (SE Ramsey Co.)

Grace Lutheran Church
1730 Old Hudson Rd.
St. Paul
2nd Sun., 7:00PM
www.district26-area36.org



**Thanks to all the Groups
that contributed in January**

- 11th Step Meditation
- A Baffled Lot
- Anoka Day By Day
- Apple Valley Keep It Simple Sun PM
- Apple Valley Monday BB
- Basic Text
- Children of Chaos Plus
- Como Park BB
- Dakota Alano SAT 11AM
- Dakota Alano SAT 9AM As Bill Sees It
- Dakota Alano Sat Nite Spkr Mtg
- Dakota Alano WED 8PM
- Day by Dei Saturday
- Element Group
- Fellowship Club AA
- Forest Lake Alano
- Fourth Dimension
- Friday Nite 12x12 By The Book
- Gloria Dei AA
- Gratitude in Action
- Happy Joyous and Free - Mahtomedi
- Highland Park Groups
- Hugo Group
- Inver Grove Heights Club 84
- Look to This Day
- Maplewood Groups
- Mendota 10:30 AA Group
- Monday Meeting - Oakdale
- New Brighton BB
- North Hamline
- Pages of Wisdom
- Rivertown BB Group-Hastings
- Roll of Nickels
- Rosemount Groups
- St. Anthony Park Group Mon PM
- Stepsisters of Northfield Group
- Summit Hill
- The Promises Meeting
- There's a Better Way
- Third Tradition Northfield
- Una Luz en el Camino
- Unity Service & Recovery
- Uptown Club
- Valley Creek Monday
- Valley Creek Thurs Night
- White Bear 96 Group
- Woodbury Primary Purpose
- Woodbury Serenity Sisters

Thanks to all of the FANTASTIC Office Volunteers who helped in January:

Aaron R., Barb M., Bob P., Christian C.,
Chuck L., Dan F., Dan L., David D.,
Frank D., Henry O., Jim B., Jimmy D.,
Marc S., Matt F., Matt S.,
Suzanne B., Tom G., Woody W.



Thanks to our AWESOME Night Owls too!

Thoughts From Your Board

In a given day, we think between 50-60,000 thoughts. Just a fun fact!

The spirit of rotation is alive and well in your Intergroup Board, I have just rotated into the position of Treasurer. I am equally excited and nervous that I will do a good job for the groups we represent. I have had the privilege of being asked to fill this position once before. Since I was blessed with sobriety I have been involved in St. Paul Intergroup, I have been a volunteer in many different ways and also had the opportunity to be a special worker for a couple of years. I have a lot of respect for the fact that we are running a business and staying close to our primary purpose of helping drunks. When I remember that my primary purpose is to be of service to God and others I am able to stay focused and mostly out of my character defects. (Certainly not perfect at that goal.)

The Intergroup Board has been a place that I have learned many of the traditions and concepts. How I handle myself in groups, committee meetings and in my daily life, I was allowed to learn and fumble and be successful in, in this setting. I learned how to disagree and walk away being civil, and most of the time still friends. I learned that I am not always right and neither are you, that there are compromises to make and traditions to follow. The idea that we are to place principles before personalities and that it is mostly my personality that I have to be careful with, these are just a few of my favorites. Our primary purpose holds us together like nothing else I have ever known. The fact that we get to do this together and we get to be of service which helps us stay sober and happy, joyous, and free makes me very grateful.

Now back to my fun fact, all those thoughts and then add some obsession and resentment and fear, no wonder I was so tired all the time before I got into the solution. I am a slow learner so it took me a couple of years to get my energy back and learn how to focus on something besides myself. Going to meetings, working with a sponsor and practicing the steps has given me a wonderful gift. The gift is knowing a God and having tools to reach out to that God through being of service. I am often asked why I do so much for AA. My answer today is that I have about 60,000 plus thoughts that I'm responsible for on a daily basis. When I am of service to God and others, those thoughts are pretty safe and I stay pretty comfortable in my own skin. Thank you for the opportunity to be of service.

- C J M., 2018 Treasurer

Notes From Your Office

Instead of our monthly reports from our Area Delegate and West Central Regional Trustee, we are taking this opportunity to share some items that our local Fellowship might find helpful. On pages two and three we've reproduced your Intergroup's New Group and New Volunteer forms. Page four is the schedule of your Intergroup's 2018 sponsored events.

If you are thinking of starting a group, adding a meeting, or making changes to an existing group or meeting, please complete the New Group form and mail it to your Office (608 7th Street West, St. Paul, MN 55102). We can then get your new information into the Meeting Directory, as well as ensure that the Webservant has the right information for your Group/Meeting on the Website.

Itching for a Volunteer opportunity? Look no further than your Intergroup Office! We have a number of service commitments for you to consider. If you would like to add your name to our Volunteer list for 12-Step calls, Temporary Sponsor, Speaking, NightOwl, or answering phones and help with projects here at the Office, please complete the New Volunteer form on page three and send it to us. Alternatively, you can fill-out our online Volunteer form at our website: <http://aastpaul.org/?topic=18>.

Lastly, on page four, please find the Calendar for all your Intergroup's sponsored events, and round-up commitments for 2018. Please save the dates and join us!

Date Completed: _____

Revised: 5/3/2017



Group Registration Form



St. Paul & Suburban Area Intergroup
 608 Seventh Street West
 St. Paul, MN 55102-3010
 Phone: 651.227.5502 – Fax: 651.290.0209

Group Name: _____

Location/Building: _____

Street Address: _____

City, State, Zip: _____

Meeting Day & Time: _____

Check One: New Group Info Change Delete Group

Additional Consideration: Register group with the General Service Office in New York (G.S.O.)

Open or Closed << *Circle one of each* >> Mixed, Women or Men

Meeting Format (circle those that apply)

Big Book	12 x 12	Step Study	Literature	Topic/Discussion
Speaker	Call-Up	Tradition	Meditation	Problem/Solution
Beginners/Orientation	Other Format: _____			

Other Interests: (circle those that apply)

All-Ages Young People Seniors GLBT Child Care Español Native American
 ASL Only Other: _____

Handicapped Accessible: YES | NO (*Circle Applicable*) **ASL-Interpreted:** YES | NO

Group Representative

Name: _____
 Street Address: _____
 City, State, Zip: _____
 Cell Phone: _____
 Home Phone: _____
 Work Phone: _____
 Email: _____
 Best Time To Contact: _____

Treasurer Contact

Name: _____
 Street Address: _____
 City, State, Zip: _____
 Cell Phone: _____
 Home Phone: _____
 Work Phone: _____
 Email: _____
 Best Time To Contact: _____

St. Paul AA Intergroup Volunteer Sign-up Sheet

Name (first & last) _____ M / F Birth Year _____
 Street address _____ City _____ Zip _____
 Is this a Sober House? yes / no Sober House Name _____
 Sober House Contact/Manager's Name _____ Their Phone # _____
 Sobriety Date _____ Homegroup _____ Do you have a sponsor? yes / no
 Your Phone # _____ (circle one: cell home work other)
 Email _____
 Today's Date _____ Do you speak a non-English language or ASL? Which? _____

Service options (choose as many as you wish).

New Volunteer **Change Volunteer Information**

12 Step Calls (A minimum of one year of sobriety is required to make twelfth step calls.)

Twelfth Step work is the surest way we know for an alcoholic to stay sober. We call you to meet with the newcomer to share your experience, strength & hope, as described in "Working with Others." Best done in pairs.

Availability for 12-step calls: Any time Other _____

Temporary Sponsor (A minimum of one year of sobriety is required.)

You will be called to act as a temporary sponsor to an AA member. This includes members who may have slipped and want to come back, current members who may not know how to ask, and people who are in a facility and need someone to introduce them to the meetings and principals of AA.

Speaker at AA meetings (A minimum of two years of sobriety is required.)

Share your story--what it was like, what happened, and what it's like now -- at St. Paul area meetings.

Night Owl Volunteer (A minimum of one year of sobriety is required.)

Take the Intergroup phones after business hours, either at the office or in your own home. This service allows us to always have an AA member answering the phones -- 24/7. Most calls are for meeting information and 12 step calls. You are required to attend a one-time orientation meeting (held monthly) before you begin.

Outreach Committee (90-day sobriety requirement.)

Visit St. Paul area groups to explain the purpose of Intergroup and encourage group participation and AA unity.

Office Volunteer (No sobriety requirement.) Orientation date _____

Help with phones or office work during the day. You are the first AA member to speak to many newcomers.

*** To get started as an office volunteer, please call the office to schedule a quick training session. ***

+++++IF YOU SIGN-UP FOR A COMMITMENT & CANNOT MAKE IT, PLEASE CALL STAFF+++++

 Please return this form to the St. Paul Intergroup office by
 Mail: St. Paul AA Intergroup, 608 Seventh St. W., St. Paul MN 55102
 Phone: 651-227-5502 Fax: 651-290-0209
 Online at: www.aastpaul.org.

Calendar of Intergroup Events - 2018

Spring Fling: Saturday, April 28th

HOSTS: [Tom S./Erik M.]

Typically takes place *in April, any weekend but Easter weekend*. Evening includes dinner, Speaker meeting, and dance. Held at the Lutheran Church of the Redeemer, 285 North Dale Street, Saint Paul, MN 55101 - (just south of 94).

Gopher State Roundup Hospitality Room:

Friday, May 25th - Sunday, May, 27

HOSTS: [Brian L./Lesli D.]

Intergroup hosts a hospitality suite - Takes place *Memorial Day weekend* at DoubleTree hotel in Bloomington. Every 2 years St. Paul Intergroup sells literature at the roundup (next time for this is 2018).

Open House: Saturday, June 23rd

HOSTS: [Guillermo O./Rob C.]

Typically in *June or July*. Office remains open for extended Saturday hours. Event includes grilling, buffet, and refreshments.

Ice Cream Social: Saturday, September 22nd

HOSTS: [CJ M./Carolyn M.]

Takes place in *August or September*, usually late afternoon. Event includes ice cream with all the fixings, and 4 - 6 Speakers with 25 or more years of Sobriety. Held at the Lutheran Church of the Redeemer, 285 North Dale Street, Saint Paul, MN 55101 - (just south of 94).

Gratitude Night: Saturday, November 17th

HOSTS: [Rob C./Jenni S.]

Takes place on the *Saturday night before Thanksgiving* in November. Event includes 1-Year Speaker and Main Speaker. Held at the Lutheran Church of the Redeemer, 285 North Dale Street, Saint Paul, MN 55101 - (just south of 94). For many decades now, we in the Fellowship have set-aside the month of November as a time to reflect on our many sober blessing. We often take this night to show our support for our Intergroup with a special contribution in gratitude for its vital outreach to the still-suffering alcoholic.

Founder's Day Roundup Hospitality Room: November 23rd-25th

HOSTS: [Madeline S./Brian L.]

Host a hospitality suite at DoubleTree Hotel in Bloomington. The Roundup occurs on *Thanksgiving weekend*. Every 2 years, St. Paul Intergroup sells literature at the roundup (next time for this is 2018).

New Year's Eve: Monday, December 31st

HOSTS: [Lesli D./CJ M.]

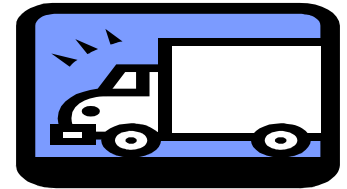
Takes place on *New Years Eve!* Evening includes Speaker meeting, marathon step meetings, and dance. Snacks and beverages served. Held at the Lutheran Church of the Redeemer, 285 North Dale Street, Saint Paul, MN 55101 - (just south of 94).

St. Paul & Suburban Area Intergroup
608 7th Street W.
Saint Paul, MN 55102-3010

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St. Paul Intergroup *Individual Contribution* Enrollment Form

Your Intergroup strives to be self-supporting, and with your personal support we can continue to carry our vital message of Hope and Recovery to all who need and want it. Your contribution entitles you to a one-year subscription to *The Lifeline*. Contributions may be made annually, bi-annually, quarterly or monthly. Please consider becoming one of our *Faithful Fivers* (\$5.00/month), *Terrific Tenners* (\$10.00/month), or *Fantastic Fifteeners* (\$15.00/month).

1. Contact information:

Name _____
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City _____ State _____ ZIP _____
Phone Number _____
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2. Amount & Frequency:

Amount: \$ _____
Frequency: (check only one)
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3. Choose a Payment Method:

Credit Card/Debit Card*
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*I authorize St. Paul Intergroup to automatically bill my account as specified (monthly, quarterly, etc.). I understand that I am free to cancel this authorization at any time by contacting Intergroup.

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Saint Paul Intergroup
608 7th Street W.
Saint Paul, MN 55102-3010